

Book a Private High Jump Lesson Today

Moorea Long

Former Baylor High Jumper



Background:

•4x All-Big 12 in High Jump

- Big 12 Conference Indoor Championships (7th in 2023, 5th in 2022)
- Big 12 Conference Outdoor Championships (6th in 2023, 7th in 2019)

•**Record holder** for 2nd best indoor and 7th best outdoor jumps in Baylor University program history

•**MSED** in Sport Management

•**BA** in Journalism with a focus in Public Relations and minor in Corporate Communication

More Details:

Who:

- Ages 8-21
- Anyone who wants to improve their technique and soar to new heights

What:

- 30 minute- 1 hour lessons

Where:

- Blue Valley's track/ high jump pit

When:

- Monday and Thursday evenings
- Subject to availability



Please reach out with any questions! I look forward to meeting you & helping you clear some higher bars!

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